

Sixth Sunday in Ordinary Time

Dear Parishioners,

Before I get down to business, I would like to express my gratitude to all those who wished and greeted me for my birthday. Thank you for remembering me.

As you probably can see, the Elevator is nearing its completion. Once done, we will have a blessing and dedication of our elevator. Thank you to all who have contributed to this project, your contributions helped us in making this endeavor a reality. Another item we have on our table is the leak in our roof. The facilities committee along with some roofing engineers and contractors are working hard in addressing the ongoing leak in our sanctuary. One of the proposal they have come up with is the restructuring of the spire (tower) which seems to be the culprit in this leaky mess. They do however ask for your patience as they have to wait for better weather before the can actually begin work.

On another note, this week we begin the Lenten season with Ash Wednesday. As we all know the catholic church observes this day with fasting and abstinence. Here is a guideline taken from the code of canon Law. **Ash Wednesday, February 18, 2015 and Good Friday, April 3, 2015 are days of fast and abstinence**. Fridays of Lent are also days of abstinence. Fasting is to be observed by all 18 of age and older, who have not yet celebrated their 60th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed. **Abstinence** is observed by all fourteen years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted. **Fasting, almsgiving, and prayer are the three traditional disciplines of Lent.** The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for Baptism or of renewal of Baptism at Easter. (Code of Canon Law, 1249-1252).

Our Liturgical and sacramental celebrations are as follows:

Ash Wednesday 9 A.M. and 7 P.M.

Stations of the Cross: every Fridays of Lent 6:30 P.M. followed by fellowship in the Social Hall

Sacrament of Reconciliation: March 10 at 7 P.M. (parish)

Every Saturday from 3:30 to 4:30 P.M. or by appointment

I encourage everyone to prepare your hearts by for this Lenten journey by participating in the sacraments and devotional prayers. May our Lenten pilgrimage bring us into a personal encounter with our Lord and savior. God bless!

Stewardship of Treasure

	Week 1	Week 2	Week 3	Week 4	Week 5	Total
Feb. 2014 income	\$15,983*	\$6,772	\$16,918*	\$17,558*	N/A	\$57,231
Feb. 2015 income	\$18,983*	\$9,956			N/A	\$28,939
				Monthly Expense		\$65,000
				Feb 2015 Income over Expenses		(\$36,061)

* includes EFT

Prayers are Requested

- **for healing.** . . Judy Smith, Connie McCornack, Emily Gilbert, Erin Bell, Ruth Dangelmayer, Christine Weston, Holly Weller, Tim Thibert, Jim Dunn, Kevin Fisher, Shawna & Ashley Petersen, Rose Zimmerman, Darral McMillen, Del Brown, Lois Gardner, Mason Nettleton, Andrew Farrington, Barbara Aquino, Peter Simmons, Jackie Lillian, Janine Vaughn, Inga Sprayberry, Sherlyn Arquillano, Caron Wilberts, & Linda Thompson
- **for those who have died.** . .Diane Murphy, Lynn Tobin, Angela Ernstrom, Sherry Weber Neal, Marcella Woods, Garrett Larson,

Prayer Chain

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds to Christ Jesus.” (Philippians 4:6-7) Do you, or someone you know, need a prayer? If so, call Kay Smith and the prayer chain at 425-486-2528.

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EVENTS THIS WEEK



Mark your Calendar

Parish office hours 8:30 am — 4:30 pm

Kitchen Closed for 2 weeks

- Wednesday February 18th— Ash Wednesday
- Saturday, February 21—Senior Singles Dinner
- Monday February 23rd– Soup nights begin 6:00 pm
- April 19th through 21st– Our Parish Mission with Steve Angrisano (Singer and Song writer) Parish Mission 7:00 pm daily.
- VBS 2015 date: June 22-25, 2015 for kids 4 years & up!
- Annual Women’s Retreat 2015– St. Andrew’s Retreat Center (Hood Canal) July 10-12.

Sunday, February 15

8:30 am CKCC
8:30 am Mass
9:30 am CKCC
10:30 am Mass

Monday, February 16

8:30 am Adoration
9:00 am Mass
Office closed President’s Day
Kitchen Closed

Tuesday, February 17

8:30 am Adoration
9:00 am Mass
9:15 am Preschool
10:00 am Choir
6:00 pm Cub Scouts
7:00 pm Auction Meeting
7:00 pm Bible Study
7:30 Knights of Columbus
Kitchen Closed

Wednesday, February 18

8:30 am Adoration
9:00 am Ash Wednesday Mass
9:15 am Mom’s Morning Out and Preschool
9:30 am Small Faith Sharing Group
10:00 am Quilters
7:00 pm Ash Wednesday Mass
Kitchen Closed

Thursday, February 19

8:30 am Adoration
9:00 am Mass
9:15 am Preschool
7:00 pm Centering Prayer
7:00 pm Praise and Worship Band Practice
Kitchen Closed

Friday, February 20

8:30 am Adoration
9:00 am Mass
9:15 am Preschool
3:45 Girl Scouts
6:30 pm Stations of the Cross
Kitchen Closed

Saturday, February 21

3:30 pm Reconciliation
5:00 pm Mass
6:00 pm Single Seniors
Kitchen Closed

Sunday, February 22

8:30 am Mass
10:30 am Mass
Kitchen Closed

Questions for the Sixth Sunday in Ordinary Time

- What do you make of Jesus’s effort to keep his healing secret?
- Have you experienced anything like this healing touch of Jesus?
- Do you know anyone who seems to experience this kind of “leprous” isolation from community? How might you offer a healing touch?

Readings for the Seventh Sunday in Ordinary Time

Genesis 9:8-15
Psalm 25:4-5, 6-7, 8-9 (see 10)
Peter 3:18-22
Mark 1: 12-15

Sixth Sunday in Ordinary Time

ST. JOHN VIANNEY PARISH NEWS

Becoming a Catholic? Learn more about the Catholic faith. Adults and children 7 years-old and over who are interested, we invite you to contact the parish office and speak with Father.

Liturgical Ministers If you are a liturgical minister: Are your email address and “can’t serve” dates updated? Be sure to click on ‘request sub’ when you aren’t able to serve on an assigned day. Please put in your “can’t serve” dates for March. Contact Judy Zaccaria at 425-823-1688 or the parish office. If you are interested in serving as a liturgical minister please contact the parish office.

Women’s Book Group Please consider joining us for our next Women’s Book Group Tuesday, February 24 at 7pm when we will discuss The Joy of the Gospel by Pope Francis. Available at the welcome table is a discussion guide for the book. We will meet weekly during Lent, each Tuesday from the 24th of February until March 31 at 7:00 pm each week going over one chapter in the book with the support of the discussion guild. Join us for wine, chocolate and great conversation. Please e-mail Laura if you have questions.

Are you a senior over 55 and single? Due to the kitchen floor replacement, we will be holding the Senior get together on Saturday, **February 21st** downstairs in room 12. We’re serving pizza, beer, pop and dessert plus a movie. Cost is \$5.00. Sign up and pay in the SJV office by Wednesday, **February 18th**.

Wednesday Morning Quilters: Please come join the SJV quilters on Wednesday mornings from 10am—1 pm. Everyone is welcome to join in the fun of this charitable ministry of making quilts for those in need. Just bring your basic sewing machine skills. We love helping “quilting beginners” get started!

Anointing of the Sick : Anyone needing anointing of the sick, come to Mass the first Friday of each month and Father Ramon will administer the Sacrament to all in need. If you can not make it to church, make an appointment with Father to come to you!

PARISH MISSION! A mission to help us grow in our Faith Come one, come all! Please save the Dates April 19-21 for a mission to serve us and help us grow in our Faith. Steve Angrisano is undoubtedly one of the most effective and versatile ministry leaders in the Church today! Those who are young (and young at heart) embrace the passionate message of faith and storytelling. Always rooted in a spirit of humility and faithfulness. Steve has a keen intuition regarding the needs of any audience and engages them with his unique blend of humor, song, story and interaction. Please invite friends and neighbors to join us for this special 3 day experience to grow closer to God.

Sonshine Ministry News: If you know someone in our parish who could use a little extra love (a card or meal) please call the SJV office at 823-0787 and they will contact our parish’s Sonshine Ministry. If you are called to help in this ministry we are always looking for volunteers to help support those in need by cooking a meal. It is such a wonderful and flexible way to support one another. Please call Mimi Eyster, 425-823-2991, for more information.

GRACE Filled Yoga! “Praying with the Mystics” 5 week Yoga series begins Thursday, February 26 at 1:30 pm in room #6. Sign up sheet at the parish welcome table. Space limited to 20 people. Yoga session will be lead by Linda Chavez who was a director of Faith Formation for over 20 years and is a certified yoga instructor. Fee is 40.00 for the series. If you have questions please contact Laura Stanger.

Women’s Retreat 2015– SAVE THE DATE

The long awaited women’s retreat! July 10-12 at “St. Andrew’s Retreat House” on the Hood canal. Space limited to 32 women. Fee will be \$220.00 per person for the weekend. Food prepared by a chef. Our retreat guide will be Patricia Weurtzer. Please mark your calendars!

Registration forms will be out soon!

Sound Engineer needed at the 5:00 pm Mass Contact Margaret Graham at mgraham@sjvkirkland.org if are interested in being trained in this ministry.

Facilities Work Bench: Elevator is still on target as planned. Check it out, it is taking shape!



Roof leaks have been (hopefully) isolated down to the final culprit, the Steeple area. This is the hardest area to repair and we had hoped to not have to but... We are addressing the best way to approach it and have Mike Jones, our personal Roofing Engineer working on it.

For those of you with some spare time and talent to share, please see on contact Jack Pennant for areas we need help - we have inside and outside needs. See the Bulletin cover for his contact info. Feel free to contact me as well if you have questions or concerns.

Greg Leptich Facilities Chair 206.940.4072



Knights Korner:

Special thanks to all those who spent Valentines day with us at our Annual Crab Feed.

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ST. JOHN VIANNEY CATHOLIC PRESCHOOL NEWS



St. John Vianney Catholic Preschool

Registration for the 2015/16 school year is well underway!

An updated brochure and registration form are available on the parish web site and the Parish welcome

table. We will start scheduling tours for new families Jan. 6th, 2015.

Please contact Annette Schwientek at aschwientek@sjvkirkland.org or 206-234-3988 if you are interested. For more info please visit our web site at www.sjvkirkland.org and click on the Preschool tab.

CHILDREN AND FAMILY LIFE NEWS

Parish Nursery: Our parish nursery is staffed and free for families of young children during the 8:30 am Sunday Mass and during the 10:30 am Mass. Our child care provider helps with our Catechism preschool program during the 8:30 Mass and we have two providers to watch little ones during our 10:30 Mass.

Catholic Kids' Catechism Club New members are always welcome! Just come on down. Preschoolers 3 yrs.- kindergarteners during the 8:30 Mass and 1st through 5th Graders either at 9:15– 10:20 on Sunday Mornings or on Monday Nights from 7-8 pm. NO CKCC this weekend due to Mid winter break! See ya next week with our Lenten fundraisers for Operation Rice Bowl. We had to change it from the original date on Ash Wednesday. So, we will not be going to food lifeline on February 18th.

Sacramental Preparation Has begun for kids 7 years old and older. Our next session is scheduled for February 27 at 7:00 pm or February 28 at 10am. See Sacraments page on the parish website for dates and schedule.

Infant Baptism Contact Laura Stanger if you would like to have your little one Baptized. Our next Baptism class will be April 7 at 7:00 pm followed by rehearsal and the celebration will be Sunday, April 12 at the 10:30 mass. All the information and paperwork on the parish website. We only celebrate Baptisms during the season of Lent in an emergency www.sjvkirkland.org

You're Engaged? Congratulations! Now what? Consider signing up for Marriage Preparation classes that will begin April 12, 2015! You are invited to come as a couple to the home of one of our marriage prep team members for a series of sessions with other engaged couples. Even if you are not getting married at St. John Vianney, consider attending these sessions together. They will help prepare you and your fiancé to make decisions together as a strong, spiritually based team. The Catholic Church is here to support both of you and your marriage. Contact the parish office for a registration form.

MIDDLE SCHOOL AND HIGH SCHOOL YOUTH MINISTRY NEWS

Lets start Youth Group with a tasty night!

Middle School will meet on February 22. The evening will be from 5:00-6:45pm. Lets start with an Ice Cream Social to kick off the night and then an Iron Chef competition. Like any good chef, you will need to know your Catholic ingredients! Adult leaders please just come. I will have everything ready for you to lead a group.

High School will meet on March 1. The evening will also be from 5:00-6:45pm. The night will look a lot like the Middle School and include an Ice Cream Social as well as an Iron Chef competition. Lets see how well the High School chefs know their ingredients. Adult leaders please just come. I will have everything ready for you to lead a group.

By March I hope to have the schedule posted on the website for the rest of the school year. Please feel free to contact Maybeth Terashima at the parish office (\$25-823-0787) with any questions. I so look forward to meeting all of you!

Social Concerns and Outreach for Adults and Youth



Catholic Relief Services: RICE BOWL

Hungering for the Lenten Journey: Join our parish community—and more than 13,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family's rice bowl from the table by the front doors of the church today, and don't forget to fill it. You can download the CRS Rice Bowl app at: <http://www.crs.org/ricebowl-app/> Remember your Lenten sacrifices change lives.

St. Vincent de Paul

“Lord, when did we see you hungry and feed you?” Matthew 25: 31-46

With the number of people we helped, our SVDP Pantry is now pretty low on non-perishable food for the start of 2015. We receive calls for help on a daily basis asking for financial help and pretty much each caller get some non-perishables also.

We are in need of the following items:

Canned Vegies, Mac n Cheese, Chili, Jelly, Peanut Butter, Pasta Noodles, Canned Fruit, Cereal, Pancake Mix/Syrup, Canned Soup, Tuna Fish, Mayonnaise, Cooking Oil.

“You have never really lived until you have done something for someone who can never repay you.”

Archdiocesan News and Events

Rachel's Corner: Hope and Healing After Abortion

“Oh Lord, my God, inspire the hearts of Your people with Your Word and Your teaching. Protect them under the shadow of your wings...” Sts. Cyril & Methodius Feast Feb 14

Pray for the intercession of Sts. Cyril and Methodius, the apostles to the Slavs, and ask them to inspire you with courage and faith to find and accept God's great mercy and love.

March 6-8, 2015

Call Valerie: 1-800-822-HOPE (4673)

You are loved with an everlasting Love!

Project Rachel is a program of Catholic Community

Administrative Assistant 30 hours/week, Tuesday through Saturday, 9:00 a.m. to 3:30 p.m. Minimum

Qualifications:Active member of a Catholic parish
High School/GED Calvary Catholic Cemetery 5041

35th AV NE, Seattle, WA 98105 FAX (206) 525-9628
martym@mycatholiccemetery.org

SURPRISED by MERCY Nine Days of Grace: A Lenten retreat in the midst of daily life March 4-12

Weekdays: 12:30 pm @ Chapel of St. Ignatius, Seattle U.

Or 7:00 pm at St. Joseph Church, Seattle

Saturday: 1:00 pm @ St. Joseph church, Seattle

Sunday: 1:00 pm @ Chapel of St. Ignatius, Seattle U

Join us for one, some or all of the Masses. Choose either location and/or make the retreat online.

www.ignatiancenter.org For more info, call 206-329-4824

Presenters: Fr. Tom Lucas, SJ, Carla Orlando, & Steve Wodzanowski



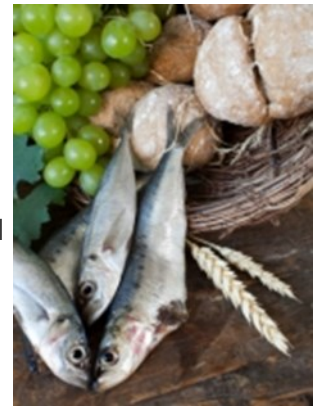
Questions and Answers about Lent

Q. Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46. A. It might be more accurate to say that there is the "forty day fast within Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

Q. So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays? A. Apart from the prescribed days of fast and

abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

Q. I understand that all the Fridays of Lent are days of abstinence from meat, but I'm not sure what is classified as meat. Does meat include chicken and dairy products? A. Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs --- all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consommé, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted.



Q. I've noticed that restaurants and grocery stores advertise specials on expensive types of fish and seafood on Fridays during Lent. Some of my Catholic friends take advantage of these deals, but somehow I don't feel right treating myself to the lobster special on Fridays during Lent. A. While fish, lobster and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer.

Q. I understand that Catholics ages 18 to 59 should fast on Ash Wednesday and on Good Friday, but what exactly are the rules for these fasts? A. Fasting on these days means we can have only one full, meatless meal. Some food can be taken at the other regular meal times if necessary, *but combined they should be less than a full meal*. Liquids are allowed at any time, but no solid food should be consumed between meals.

Q. Are there exemptions other than for age from the requirement to fast on Ash Wednesday and Good Friday? A. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.